



About Seaspray Café

Seaspray Café, is open everyday from 8.30am to 1.30pm.

Our Food Services Team : Leanne Fraser, Kylie Spurr, Danika Mannes, and Kim Brabham.

Your support of our café is greatly appreciated.

Healthy Eating @ School!

The Seaspray Café is a great place for your child to start learning about the enjoyment of healthy eating. Good nutrition enhances your child's ability to learn and take in the information presented in class.

The food your child consumes during the school day contributes to a significant portion of their daily food intake and nutrition. Therefore it makes sense to try to ensure the best food possible is available in our College Café.

We believe the Seaspray Café provides the means by which children and adolescents can put into practice the theory about nutrition being taught in the classroom at Lumen Christi.

We aim to provide a variety of tasty, fresh, nutritious food, catering for a variety of tastes, for you and your child, everyday.

Volunteering

If you would like to volunteer in the café—please contact Leanne Fraser on 6495 8888 or email leanne.fraser@cg.catholic.edu.au.



How to Order

Sometimes no matter what we do, mornings are a rush to get out the door. That's why being able to simplify that part of the day is so important.

With Qkr! by Mastercard, you no longer need to spend valuable time organising cash for recess and lunch orders — you can do it all on your mobile device or computer at a time that suits you. By using Qkr! you can ensure your child is eating well by managing their cafe orders. Place your Qkr! order by 9.30am each morning or alternatively order up to two weeks in advance.

Preferred Payment Method



**Qkr! is Seaspray Café's
preferred payment option!**

Signing up for Qkr! is easy and all it takes is a few minutes. Download the app to your mobile device or open the Qkr! Web Shop on your computer. Add your child's name, link your credit card and your ready to start ordering.

Café will be accepting over the counter sales at recess and lunch.

Further Information & Feedback

For further information about Seaspray Café please contact Leanne at leanne.fraser@cg.catholic.edu.au

Further information about Qkr!, including download instructions, helpful hints and FAQ's, can be found on Schoolzine or the College website, or you can telephone the College on 6495 8888.



Seaspray Café

388 Pambula Beach Road
Pambula NSW 2549

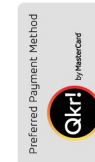
Phone: (02) 6495 8888

E-mail: lcce@cg.catholic.edu.au

Winter Menu, Term 2 & 3, 2025

As @ 29 April 2025

Qkr! Orders close at 9.30am



Opening Hours: Monday to Friday, 8:30am to 1:30pm

Seaspray Café Menu - Summer Term 4 & Term 1 2025/2026

Seaspray Specials

Only available on our Lunch Menu

MON	Chicken Caesar Salad Wrap	\$7.50
	(Veg, GF,DF available)	
	Pastries available, see below.....	\$7.50
TUE	Beef Burrito / Veg Burrito	\$7.50
	(DF, GF & Veg available)	\$7.50
WED	Mrs Mac's Beef Pie	\$5.00
	Spinach and Ricotta Roll	\$5.00
	Wild Rye Sausage Roll	\$5.00
THU	Chicken Buddah Bowl	\$7.50
	(DF,GF,VEG Available)	
FRI	Baked Stuffed Potatoes Bacon, onion, chives, sour cream & Cheese	\$7.50
	(Veg, GF, DF available)	
	Pastries available, see below.....	

Pastries Mon Wed & Frid

Gluten Free Available (Pre order required)

Mrs Mac Meat Pie (GF Pies available)	\$5.00
Spinach & Ricotta Roll	\$5.00
Wild Rye Sausage Roll (GF Sausage Rolls Available)	\$5.00

Noodles, Sandwiches, Wraps, and Panini's

Cup of Noodles	\$4.00
Chicken, Beef or Oriental	
Design-a-Wrap	
* Chicken Salad	\$7.50
* Ham Salad	\$7.50
* Cheese Salad	\$7.50
Sandwiches	
* Egg & Lettuce on White Bread	\$5.50
* Salad on White Bread	\$5.50
Toasted Sandwich	
* Ham and Cheese	\$5.00
* Ham, Cheese & Tomato	\$5.00
* Tomato and Cheese	\$5.00
* Double Cheese	\$5.00
* Chicken cheese & Mayo	\$5.00
Toasted Wild Rye Panini	
* Ham and Cheese	\$5.50
* Tomato and Cheese	\$5.50
* Ham, Cheese & Tomato	\$5.50
* Double Cheese	\$5.50
* Chicken, Cheese & Mayo	\$5.50

Snacks

Assorted Muffins	\$3.00
Parfait Berry/yogurt Cups	\$4.00
Fresh Seasonal Fruit (per piece)	\$1.00
Fruit Salad	\$5.00
Frozen Pineapple	\$0.50
Assorted Frozen Yoghurt (Bulla)	\$2.00
Pretzels	\$0.50
Popcorn	\$0.50
Roasted Seaweed	\$0.50
Cheesy Garlic Bread (recess only)	\$3.00

Thirst Quenchers

Real Fruit Smoothie	\$5.00
Kombucha-Assorted Flavours	\$4.00
Flavoured Milk Chocolate/Strawberry	\$4.00
Plain Milk 300mls	\$3.00

GF—Gluten Free, DF—Dairy Free, VG—Vegan, V—Vegetarian



Please note that our kitchen prepares products containing allergens such as Peanuts, Egg, Sesame, Fish, Shellfish, Milk, Soy, Tree Nuts, Wheat and traces may be present in food we sell..

Qkr! orders close at 9:30am each day and can be ordered up to two weeks in advance.

